



## GLEN IRIS PROBUS CLUB May Newsletter #03

All enquiries : [glenirisprobus@gmail.com](mailto:glenirisprobus@gmail.com)

### Management Committee

#### President

Richard Mulcahy  
M: 0418 566 647

#### Vice President

Peter Webster  
M: 0413 590 548

#### Secretary

Barbara Bennett  
M: 0438 301 146

#### Treasurer & Guest Speaker Officer

Ken Bennett  
M: 0411 544 394

#### Membership & Welfare Officer

Bronwyn Fitzgerald  
M: 0419 355 737

#### Newsletter Officer

Julie Wurf  
M: 0422 099 031

#### Outings & Activities Officer

Edda Williams  
0408 206 909

#### General Committee

Rosemary Rose  
M: 0417 591 469

#### Lana Levi

M: 0435 134 941

#### Joan Goode

M: 0402 004 876.

#### Positions still to be filled:

Publicity Office

### President's Message

Back to business in May

Following the events at Easter and ANZAC Day celebrating the sacrifice of many Australians we shall return to our regular routine in May.

Our next meeting of members will take place at St James Hall on May 16 at 10.00 am. We hope you will all attend. This is a great opportunity to make friends and be updated on the Club's planned activities.

Our committee met on April 28 and it was resolved to conduct a number of activities including walks in the area and coffee sessions. In addition we are looking at a movie outing and after our successful night at the Malvern Vale Hotel, a similar event is being planned. You will be able to sign up for any, or all, of these events at our next meeting.

I have drawn the short straw to be the guest speaker at our next meeting. I'll try not to bore you!

We are fortunate to have an enthusiastic Activities Officer on our Committee - Edda Williams - who will welcome suggestions for club activities we hope you may enjoy.

My thanks to all of our committee members who work tirelessly to ensure the success of our new club.

We are delighted to let everyone know that we will have printed copies of the newsletter available from the May meeting onwards.

Richard Mulcahy – President

### Probus badges

Please see Bronwyn Fitzgerald on your arrival to collect your Foundation name badge.

We encourage everyone to wear their badge at meetings and outings as a way of getting to know each other better



SAINT JAMES  
ANGELICAN CHURCH GLEN IRIS

Meeting day/time: 3rd Friday of each month at 10:00am  
Meeting venue: ST James Anglican Church  
1461 High Street, Glen Iris, VIC, 3146



## GLEN IRIS PROBUS CLUB May Newsletter #03

May		
2 <sup>nd</sup>	2PM Coffee catchup Degani, 255 Waverley Rd Malvern East	
3 <sup>rd</sup>	Federal Election	
11 <sup>th</sup>	Mothers Day	
16 <sup>th</sup>	Meeting	
23 <sup>rd</sup>	10am Walk n' coffee Ferndale Park walk, The Pantry Coffee shop	Julie Wurf organiser May Peter Baird from June
28th May	6pm Malvernvale Hotel	Add your name to the attendance sheet at the next meeting

June		
1 <sup>st</sup> Friday	2pm Coffee catchup Degani, 255 Waverley Rd Malvern East	
20 <sup>th</sup>	Meeting	
27 <sup>th</sup> June	10am Walk n' coffee Ferndale Park walk, The Pantry Coffee shop	Peter Baird

### Electronic payments

Bendigo Bank  
Glen Iris Probus Club  
BSB 633000  
Account No 228438438

Please remember to include your name  
when making a payment

### May Birthdays

8<sup>th</sup> Ally Tanner



Don't forget to bring your cup and stand  
a chance of winning the Mug of the  
Month Award- and a chocolate



### Out of the mouths of Grandchildren

Grandson (aged 4) was in the back seat of his Nanny's car alongside Nanny's Aunt - who was an incessant talker. Finally Nanny pulled up to purchase some milk - but actually to gain respite from the Aunt's babble. He was left alone with her and as she still had an audience she kept talking, until he tapped her on the arm and said "tell me, how do you fit so many words into your mouth?"



## **GLEN IRIS PROBUS CLUB**

### **May Newsletter #03**

#### **16<sup>th</sup> May Meeting**

##### **Door Greeters**

- Bronwyn Fitzgerald
- Joan Goode

##### **Behind the Urn**

- Julie Wurf
- Peter Webster

##### **Raffle**

- Lana Levi

#### **Guest Speakers**

##### **May: Richard Mulcahy Glen Iris Probus President**

Probus is all about meeting and getting to know people. So, it's only fitting that we get to know our President, Richard Mulcahy, who will be guest speaker at our May meeting.

**June: Ernie Brigham**, recent past President of the East Malvern Probus club he will give us an interesting insight into the basis of a good Probus club.

**July: Zali Reynolds** from Shelter Real Estate. She will give an insight into the pros and cons of downsizing.

#### **Ten minute Spot Speaker**

**May: Edda Williams** -Outings and activities Officer on future club activities

**June: Ian Phillips** – All Abilities Bike Riding

**July:**

#### **Meeting etiquette:**

we ask that members:

- arrive by 9:45am to ensure the meeting starts promptly at 10:00am.
- sign the attendance sheet.
- wear their name badges. If you have forgotten your badge please speak with Bronwyn Fitzgerald
- mobile phones be turned off or on silent during meetings.
- Early leavers please sign out before the guest speaker presentation begins after morning tea.
- All new visitors - please arrive by 9:30am and make contact with Membership Officer Bronwyn Fitzgerald



## GLEN IRIS PROBUS CLUB May Newsletter #03

### MEMBERSHIP REPORT

It is very pleasing to report that we have 39 foundation members of the Glen Iris Probus Club. I am in the process of distributing the Probus name badges to these new members. If you haven't received your badge yet, please see me at the May meeting.

All members are encouraged to wear their badges to all Probus meetings and other Probus activities. This is particularly important whilst we are getting to know one another and helps with remembering names! I have found that it helps to leave my Probus badge in the car in between meetings and it becomes a habit to attach the badge as one gets into the car en route to Probus.

We have other new members expressing interest in our club and look forward to meeting these people at the meeting on 16<sup>th</sup> May. Please note that the actual meeting starts at 10am but we encourage you to arrive between 9.30 and 9.45 to sign in and have a chat with one another.

There are still Probus South Pacific Ltd cards to be collected by some members.

Please contact me if you have any membership questions and especially if you have friends or relatives who are interested in joining our club. Please notify me if you are unable to attend any meeting. My email is [bronrchambers@gmail.com](mailto:bronrchambers@gmail.com) or text/phone 0419355737. A big welcome to our visitors and new members!!!


Bronwyn Fitzgerald  
Membership & Welfare Officer

### Welfare

We are here to meet people, socialise and have fun – but life does get in the way and members may occasionally be in need of assistance or support, including those who are ill, had falls etc. If given permission please send the information to Bronwyn Fitzgerald [bronrchambers@gmail.com](mailto:bronrchambers@gmail.com) or text/phone 0419355737 for inclusion in the newsletter.

If the information should not be made public please indicate and it won't be included in the Monthly report.



Mrs Ruby's Riddle 1

I speak without a mouth and hear without ears. I have no body, but come alive with wind. What am I ?

Probus Association of Queensland



## GLEN IRIS PROBUS CLUB May Newsletter #03

### Activities report May 2025

The Committee has done an outstanding job of getting our fledgling club underway – now it's the members' turn to get involved.

Probus is a social club – so let's get social and join up to the interest-based groups you have suggested. You can choose from:

#### **Cycling**

**Book club** has 3 format options: 1. All read the same book 2. All read different books then swap and share 3. Silent reading with a cuppa / glass of wine – what bliss!

#### **Art and Crafts**

**Dining:** either fine dining or a more casual fare

**Cards:** all join in the same game or play different ones, or teach each other

**Walking** 3<sup>rd</sup> Friday of the month at 10am

**Coffee and a chat:** 1<sup>st</sup> Friday of the month at Degani's 255 Waverley Road

**Theatre, Exhibitions & Museums**

**Music** – Live and /or sharing favourites

If you are unable to attend our monthly club meetings in May but would like to join a group, please email me with your selections: [eddawill@gmail.com](mailto:eddawill@gmail.com)

Sign up sheets will be available at the May 16<sup>th</sup> meeting for those attending. Keep in mind that time, days and venues have yet to be decided by each group. Each group requires a leader with some responsibilities. Please indicate in your email to me if you're willing to take on this role for your nominated activity. Once the group is up and running these will become routine.

Let's aim for groups getting up and running by the end of May!

As we grow, there will be new groups suggested and formed. I'm happy to receive your suggestions at any time. Via email or chat to me at meetings.

In the meantime, We have another whole club dinner booked for the Malvernvale Hotel on Wednesday 28<sup>th</sup> May at 6pm. Again, if you're not at the May club meeting but would like to attend this dinner, email me with how many places you'd like to book.

Let's get active.



**Remember to bring a  
biro to sign up for your  
chosen activities**



## **GLEN IRIS PROBUS CLUB**

### **May Newsletter #03**

#### **Bread pudding for two**

source: One Dish Kitchen

Prep: 20 minutes mins

Cook: 50 minutes mins

Total: 1 hour hr 10 minutes mins

Servings: 4 servings

This small batch bread pudding is made with bread soaked in a spiced custard, then baked until golden. It's topped with a rich, buttery whiskey sauce for a classic, delicious dessert.

#### **For the Bread Pudding**

- 1 tablespoon butter for greasing the baking dish
- 140 g cubed French or Italian bread
- 2 eggs
- 480 ml milk
- 55 g brown sugar
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- 1/8 teaspoon salt

#### **For the Whiskey Sauce**

- 230 g heavy cream
- 61 g milk
- 50 g granulated sugar
- 80 ml whiskey
- 1 tablespoon cornflour
- 1 tablespoon butter
- 1/8 teaspoon salt

#### **Instructions**

##### **Preheat the oven to 175°C).**

- Grease the baking dish with butter, making sure to coat the entire surface to prevent sticking. Set aside.
- Add the bread cubes to a large bowl. In a separate bowl, whisk together the eggs, milk, brown sugar, vanilla, cinnamon, nutmeg, and salt until well combined.
- Pour the egg mixture over the bread cubes, gently stirring to coat all the bread. Let it sit for 15 minutes so the bread can absorb the liquid.
- Transfer the soaked bread mixture to the greased baking dish, spreading it evenly. Place the dish on a rimmed baking sheet to catch any spills. Bake for 45-50 minutes, or until the center is firm and set.
- While the bread pudding bakes, make the whiskey sauce. In a saucepan over medium heat, stir together the cream, milk, and sugar until the sugar dissolves.
- In a small bowl, whisk the whiskey and cornstarch until smooth, then pour it into the saucepan and stir well.
- Bring the mixture to a boil, then reduce the heat to a simmer. Cook for 5 minutes, stirring occasionally, until the sauce thickens.
- Remove from heat, stir in the butter and salt, and mix until smooth.
- Pour the warm whiskey sauce over the baked bread pudding. Serve warm.

If you have a tried and true recipe for one or two - Please send it through to [jayb.wurf@gmail.com](mailto:jayb.wurf@gmail.com) and include the source if known