



GLEN IRIS PROBUS CLUB Newsletter #005

GLEN IRIS Probus Club was formed after an interest meeting held at the St James Anglican Church on 21st February 2025.

Management Committee

President

Richard Mulcahy
M: 0418 566 647

Vice President

Peter Webster
M: 0413 590 548

Secretary

Barbara Bennett
M: 0438 301 146

Treasurer & Guest Speaker Officer

Ken Bennett
M: 0411 544 394

Membership & Welfare Officer

Bronwyn Fitzgerald
M: 0419 355 737

Newsletter Officer

Julie Wurf
M: 0422 099 031

Outings & Activities Officer

Edda Williams
0408 206 909

Publicity Officer/Website

Ursula Craigie
M: 0411 106 664

General Committee

Rosemary Rose
M: 0417 591 469

Lana Levi
M: 0435 134 941

Joan Goode
M: 0402 004 876.

President's Message

Probus Culture Group is up and running.

Thanks to the efforts of Committee Member Ursula Craigie and a number of enthusiastic members of Glen Iris Probus Club a few activities are planned for the months ahead for the Probus Culture Group.

At a meeting held on July 11 various activities were agreed on including a visit to the Duldig Studio, featuring a sculpture garden and studio and museum where Karl Duldig had his home and produced several sculptures along with his wife Slawa Horowitz Duldig.

In addition, a visit to an Archibald Exhibition is planned, as well as a visit to the National Gallery of Victoria to view the French Impressionism exhibition.

It is not too late to join the Culture Group but if you are interested, please contact Ursula Craigie at ursula.craigie@gmail.com so you can be added to the WhatsApp group.

Please remember Probus is about fun and friendship and if you are interested in joining any of our activities, please let us know as plenty is being planned.

As we go to press, remember our next meeting is scheduled to be held on July 18 at St James Anglican Church Hall at 10.00 am.

New members are most welcome to attend.

Guest Speaker Zali (pronounced Sailee) Reynolds
from Shelter Real Estate.

Pros and Cons of Downsizing.

Ten Minute Speaker

Edda Williams – History Monash



SAINT JAMES
ANGLICAN CHURCH GLEN IRIS

Meeting day/time: 3rd Friday of each month at 10:00am

Meeting venue: ST James Anglican Church
1461 High Street, Glen Iris, VIC, 3146





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Activities report:

Lunch has been booked for 18th July after our club meeting, at the Racecourse Hotel as lunches, instead of dinners, have been suggested during the winter months.

Venue: 895 Dandenong Road Malvern East
Parking is accessible from both Waverley Road and Dandenong Road.

Some GI Probus members will be able to offer lifts from St James to the venue and back to St James to those without cars. This can be managed during our meeting on the 18th.

[The Bistro menu is here](#)

If you didn't put your name down at the last meeting, please contact me ASAP to book your spot. Bookings no later than 12 pm 16th July. eddawill@gmail.com or 0408206909

18 attendees to date: (Those offering lifts marked with a D)

Ian Philipps - D
Julie Wurf
Gregory Scott
Valerie Brown
Shirley & Denis Brady - D
Sue Waldren - D
Helen & Mark Rehn - D
Linda & Peter Baird
Pam & Peter Dalrymple
Ros Argent
Joan & Rod Goode
Sue-Virginia O'Hanlon - D
Rosemary Rose

- The Culture Club has begun discussions on their first outing.
- Book Group is up and running - thanks Ros for getting us organised! Our next meeting is at The Pantry at 2.30 on the 9th July.
- The Card group had their first gathering at Anne Williams' home, playing Five Crowns. Their next date is July 25th at Anne Williams' home from 2-4 and will meet on the last Friday of each month. Please contact Helen Hardman hhardman54@gmail.com if you'd like to join in.
- The Fine Dining Group is seeking a leader, as is the Whiskey Appreciation group. Please step up to take a lead role, there's not much involved.
- The Glen Iris Probian Riders Bike group is up and riding with Ian Philips as leader. They had their first ride on Monday 8th from Blake's Feast to Southbank. If you'd like to join Ian please contact him on iphillip987@gmail.com

I'd love to see some more groups forming to create a diverse portfolio for members to select from. If you have an area of interest, please let me know.

If anyone is interested in textile art: [Annemieke Mein](#) is on at Box Hill Town Hall from 11 July - 30 August. Tickets are free but bookings are essential. Let me know if you'd like to go and we can make a group booking.



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MEMBERSHIP REPORT

We now have 46 members of the Glen Iris Probus Club. Two new members have joined during our May meeting, and we welcome Glynis and Glenn Allan to the club. Glynis and Glenn will be absent from the next two meetings while touring overseas and we hope they have an amazing time. We welcome other potential new members, Cate Gyura, Julie and Norm Ashby who attended the June meeting.

All members are encouraged to wear their badges to all Probus meetings and other Probus activities. This is particularly important whilst we are getting to know one another and helps with remembering names!

Please note that the actual meeting starts at 10am but we encourage you to arrive between 9.30 and 9.45 to sign in and have a chat with one another.

Medical Cards – Probus South Pacific Limited medical cards were distributed at the last meeting. It would be extremely helpful if you all completed and carried these cards with you at all Probus activities. In the event of a medical emergency, your medical card would facilitate the delivery of accurate medical information to paramedics and enable us to contact your next of kin in a timely manner. Please contact me if you have any membership questions and especially if you have friends or relatives that are interested in joining our club.

Please notify me if you are unable to attend any meeting. My email is bronrchambers@gmail.com or text/phone 0419355737.

A big welcome to our visitors and new members!!! Pro-rata fees are applicable for the remainder of this Probus year for new members from July. Details available from the membership officer.

Bronwyn Fitzgerald

Membership and Welfare Officer

July Meeting

Door Greeters: Joan Goode, Rosemary Rose

Membership: Bron Fitzgerald

Raffle: Lana Levi

Behind the urn: Susan McMinn, Sue-Virginia O'Hanlon

**** Behind the urn helpers please be there early to set up**

Setting up and Packing up – all offers of help accepted

Winner June Raffle: Judy Seymour



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All Abilities Bike ride

July 7th 2025

Participants:

Mark Rehn

Ian Phillips



We had perfect bike riding weather for our first social ride: a cool start, bright sunshine, blue skies, and only a breath of wind.

There was the minimum number needed to make a group, so we headed off at 9:30 along the Gardiners Creek trail from Brixton Rise towards the city. We kept to around 12 km per hour, with stops along the way so that we kept together and Mark and I could chat. The route took us along the south side of the Yarra at MacRobertson Bridge, with great views of the Melbourne skyline as we rode into Southbank.

We stopped for coffee at Criniti's cafe in Freshwater Place, and had a long chat so we got to know each other a little better. We headed back to Glen Iris via the same route, again at a manageable pace, especially on the rises along the trail.

We got back to Brixton Rise around 1 pm after a very enjoyable social outing with some exercise for good measure.

Thanks to Mark Rehn for braving the elements and being the guinea pig!

We welcome Glen Iris Probians to join us on our next ride scheduled on the first Monday of next month (August 4th). Route and destination TBA, but will be similar to today's outing in format.

If you are interested in riding and I don't already have your contact details, please ask Edda to pass them on to me and I'll contact you through the riding group's WhatsApp page. From little things, big things grow!

Happy riding!

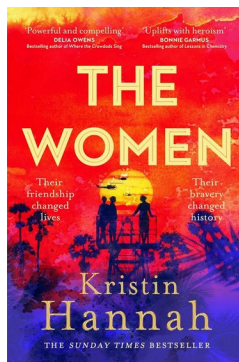
Ian Phillips

The Bookclub met in June for its inaugural meeting, boasting lots of enthusiasm and great ideas.

A plan was launched to meet on the second Wednesday of every month. Our July meeting piqued interest, as we discussed the broad scope of genres that our members enjoy. Listening to others, created a keen hankering to explore something new

Ros Argent

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AUGUST						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 COFFEE 2pm Degani cafe 255 Waverley Rd, Malvern East	2	3
4 Bike ride	5	6 Committee meeting	7	8	9	10
11	12	13 Book Group 2.30	14	15 Club meeting 10am ST James Church Hall 1461 High St, Glen Iris	16	17
18	19	20	21	22 walk n' coffee 10am Central Park Malvern 10.30 Xanders	23	24
25	26	27	28	29 Card Group 2pm-4pm Anne Williams Private home	30	31

Contact leaders for further details

Book Group: Second Wednesday – Ros Argent rmargent@outlook.com

All Abilities Bike Ride: First Monday – Ian Phillips iphillip987@gmail.com

Walk n' coffee fourth Friday of the month -Peter Dalrymple p.dalrymple@bigpond.com

Card group: last Friday of the month - Helen Hardman hhardman54@gmail.com

Probus Culture Group: ursula.craigie@gmail.com

**** Degani coffee afternoon needs a leader (you just need to keep a list of attendees)



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Cheesy Tuna Morney Pots

Serves Two

Source: Cooking For One or Two

½ cup (80gms) macaroni pasta
1.5 Tbspns butter
2 spring onions, chopped
2 Tbspns plain flour
1 cup milk
185gm can tuna in brine, drained
2 x 125gm cans corn kernels, drained
1/3 cup (40gms) grated cheese
1 Tablespoon breadcrumbs
pinch of paprika

Preheat oven to 180C. Lightly grease a 1 cup ramekin for each person. Bring a saucepan of water to the boil, and add the pasta. Cover and return to the boil, then cook uncovered, for ten minutes, or until the pasta is *el dente*. Drain.

Meanwhile, melt the butter in a medium saucepan. Add the spring onion and cook, stirring for one minute, or until softened. Add the flour and stir for a minute. Remove from the heat and gradually whisk in the milk until smooth. Return to the heat and cook, stirring, until the mixture boils and thickens.

Remove the sauce from the heat. Stir in the pasta, tuna, corn, and half the cheese. Season with salt and freshly ground pepper, then spoon into the ramekins. Combine the remaining cheese, breadcrumbs and paprika and sprinkle over the top.

Cake for 15-18 minutes, or until the topping is golden brown. Serve hot.



June Mug of the Month Winners: Shirley and Denis Brady (matching cups!)

