



GLEN IRIS PROBUS CLUB Jan 2026 Newsletter #011

GLEN IRIS Probus Club was formed after an interest meeting held at the St James Anglican Church on 21st February 2025.

Management Committee

President

Peter Webster
M: 0413 590 548

Vice President
position vacant

Secretary

Barbara Bennett
M: 0438 301 146

Treasurer & Guest Speaker
Officer

Ken Bennett
M: 0411 544 394

Membership & Welfare Officer

Bronwyn Fitzgerald
M: 0419 355 737

Newsletter Officer

Julie Wurf
M: 0422 099 031

Outings & Activities Officer

Edda Williams
0408 206 909

Publicity Officer/Website

Ursula Craigie
M:0411 106 664

General Committee

Rosemary Rose
M: 0417 591 469

Lana Levi
M: 0435 134 941

Joan Goode
M: 0402 004 876



Link to the club's website

President's Message

Welcome to 2026

I do hope club members enjoyed Christmas festivities and those on holiday are making the most of their opportunities.

I know from professional experience, January is not an easy month for many, with loneliness a predominant factor. Our Probud club hopefully fulfils that human need for fellowship and connection. In 2026 we look forward to many new fun activities and good speakers.

I remind members that now is the time to consider being on the executive committee.

We need a new treasurer because we can not operate without one, and a nomination for president elect.

With great enthusiasm I look forward to our first general meeting on 16 January at 10am

Until then stay healthy and don't forget to slip, slop, slap
Peter



SAINT JAMES
ANGELICAN CHURCH GLEN IRIS

Meeting day/time: 3rd Friday of each month at 10:00am

Meeting venue: ST James Anglican Church
1461 High Street, Glen Iris, VIC, 3146

Please arrive between 9.30 and 9.45 for a 10 am meeting start



Glen Iris Probud Club
Incorporated
BSB 633 000
ACC:228438453

General Enquiries: glenirisprobud@gmail.com

Club website:
<https://probudsouthpacific.org/microsites/gleniris/Welcome>



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Reminder of AGM and Committee Positions

Please note that the Annual General Meeting (AGM) for our club will be held at on 20 March 2026. At the meeting the following Committee positions will be vacant:

President

Vice President

Treasurer

Secretary

Membership Officer

Welfare Officer

Activities Coordinator

Guest Speaker Officer

Newsletter Officer

General Committee members

Those currently in some of the positions will renominate for 2026, but all members can nominate for any of these roles, and we'd love to have you with us! We've got a great team in our club. The Committee members share the work, so none of these roles are difficult or onerous.

If you are interested in joining the committee and helping our club, please contact Barb at glenirisprobus@gmail.com She can talk to you about each of the positions and take your nomination.

Committee Nomination form attached to the email

Guest Speaker

Our January speaker, Gary Adler has a bitter-sweet story that begins with his Jewish parents fleeing from the grips of Nazi Germany and starting a chocolate business which Gary took over and built a small empire fuelled by your sweet tooth.

Gary was contemplating a "lazy or adventurous" gap year but the lure of the "sweetie" grabbed his attention for a lifelong quest to please people with chocolate.

Ten Minute Speaker – Peter Webster Adult vaccinations



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January Diary

Mon	5 th	Probian Pedallers - Meet at Blake's Feast on Brixton Rise for 9:30 am departure.
Wed	7 th	casual dining group – Happy New Year Bright and Breezy Brunch 10am Deferred due to heat
Tues	13 th	Movie outing Rivoli Cinema Camberwell 1.20pm session The Choral (details below)
Wed	14	Book group 2.30pm The Pantry
Fri	16 th	Club meeting St James Church Hall 1461 High St Glen Iris 10am
Wed	28 th	BBQ in the park (details below)

February Diary

Mon	2	Probian Pedallers - Meet at Blake's Feast on Brixton Rise for 9:30 am departure.
Thurs	5	Committee meeting Mae Cafe 10am
Wed	11	Book club
Fri	20	Club meeting St James Church Hall 1461 High St Glen Iris 10am
Fri	27	Walk n' coffee 10am park TBC Card Group Private home - Anne Williams 2- 4pm

Movie afternoon: Catch the #70, 72 or 75 tram to Camberwell Junction. Or there is car parking at the Middle Camberwell Shopping Centre. When buying your ticket ask to be seated with the Probus group.

BBQ in the park

Please join for a BBQ in the park on Wednesday 28th January at Phoenix Park, 30 Rob Roy Rd, Malvern East, anytime after 5.30pm.

1. You can be completely self sufficient bringing and organizing your own food and essentials (even a picnic if you prefer) OR
2. I am happy make the offer to anyone who prefers, to arrange and supply all food requirements for a cost of \$15 cash per person payable on the night. This would include a piece of chicken, a small piece of steak, green salad with dressing or mayo + coleslaw. A bread roll, sauce, plate and disposable cutlery + someone to cook the BBQ!

No matter which option you choose it's BYO chairs if you have one although there are some picnic tables and benches nearby & BYO drinks.

Plenty of parking close by so no need to lug your goods far. BTW... any enthusiastic cooks who wish to bring a little plate of sweets to share would be very welcome

Please RSVP to give me an indication of numbers for the night and please indicate at the same time how you would prefer to manage your food supply. Please reach out if I have missed any details.

Look forward to our night out

Ros



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GROUP LEADERS

here are the group leaders and their emails should you want to join their group or ask some questions:

Book Club: Swap and Share: Ros Argent rmargent@outlook.com

Bike Rides: Ian Phillips: iphillip987@gmail.com

Cards: Helen Hardman: hhardman54@gmail.com

Casual Dining: Ros Argent: rmargent@outlook.com

Walking Group: Peter Baird: lindapeter.baird@outlook.com

Peter Dalrymple p.dalrymple@bigpond.com

Movies group: Lana Levi: lanalevi@y7mail.com

Exhibitions: Vicki Jacks: lawrievicki@me.com

Theatre Club: Ursula Craigie: ursula.craigie@gmail.com

Craft N Coffee: Julie Wurf: jayb.wurf@gmail.com

Fine Dining: Haven't quite got going yet

Whiskey Appreciation: TBA

ADMINISTRATION

Meeting

Membership: Bronwyn Fitzgerald, Rosemary Rose

Meet and Greet: Ursula Craigie, Julie Wurf

Raffle: Lana Levi

Payments: Edda Williams

Behind the Urn: Greg Scott, Ally Tanner. Please arrive at 9.30 to set up etc

Setting up and packing up the room - All offers of help accepted

It would be appreciated if everyone could assist in both setting up and packing up the room.

When packing up please place chairs according to the pictures on the walls

Can we please remind everyone to switch their phones off during meetings

Final date for items for inclusion in the February newsletter: Thursday 12th

OUTINGS AND ACTIVITIES

A huge shout out to our group leaders for giving Glen Iris Probus such a great start.

Casual Dining, Morning Melodies and the bike riders are all ready to get up and going.

I'd like to suggest a group: "Be my guest" for those of us who enjoy cooking - and I'm sure there's at least a handful of us - invite no more than 4 people over to your home to cook a meal. Naturally guests can bring nibbles, dessert or salads etc also. It would be a lovely way to get to know some people in a more intimate setting. Doesn't have to be fancy. The whole aim is to share a meal and conversation in a quiet place. The Whiskey Tasting group will kick off this year at some point too.

So welcome back everyone - am looking forward to sharing the year with you.

Edda Williams

Outings and Activities



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CASUAL DINING GROUP.

Do you have a favourite place to dine out? We would appreciate you to sharing it with us!

I am looking for volunteers to arrange a venue for our bi-monthly evening dinners for the next 6 months. If you have been out somewhere that you have enjoyed, chances are we will too.

Things to consider are:

- a) Split bill options
- b) A la carte menu for large group with no deposit required,
- c) accessibility.

I will be placing a sheet on the table at our next Probus meeting with the allocated dates. If you think this is something that you can help with, please place your name against your preferred date. I am happy to guide you through any ideas that you have. Look forward to hearing from you

Thanks Ros



MEMBERSHIP REPORT - JANUARY 2026

Three new members (Paddy Wagstaff, John Calwell and John Elligate) were inducted at the November Meeting, and we will welcome and induct another three new members at the January 2026 meeting – Jane Raymond, Jill Thalassinos and Margaret Munn.

A sincere welcome to our visitors and new members!!!

We continue to encourage recruitment of new members. If you have any friends or relatives who are interested in joining our club, I am more than happy to provide them with information regarding our club. My email is bronrchambers@gmail.com or text/phone 0419355737.

Pro-rata fees are applicable for the remainder of this Probus year for new members. Details available from the membership officer. Don't forget to wear your badges to all Probus meetings and other Probus activities. Please note that the actual Probus meeting starts at 10am but we encourage you to arrive between 9.30 and 9.45 to sign in and have a chat with one another. Please notify me if you are unable to attend any Glen Iris Probus Club meeting or need to leave the meeting early.

Don't forget your Medical Cards for all Probus activities. In the event of a medical emergency, your medical card would facilitate the delivery of accurate medical information to paramedics and enable us to contact your next of kin in a timely manner.

Happy New Year to you all and we look forward to another fun year at Probus as we head into our second year of the Glen Iris Probus Club. A number of our members were unwell late last year and we hope they are feeling much better now.

Bronwyn Fitzgerald
Membership and Welfare Officer

Granddad: Would you like to come to the tennis with me ?
Teen Granddaughter: no I don't like the tennis
Granddad: I didn't like The Little Mermaid, but I watched it 1,387 times.
Now go get your hat and water bottle



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December visit to Como



Savoury Pork Salad

Source: Taste of Home

Serves: 2

Ingredients

- 1 garlic clove, minced
- 1/2 teaspoon minced fresh gingerroot
- 2 teaspoons olive oil
- 250gms pork tenderloin, thinly sliced
- 2 teaspoons brown sugar
- 2 teaspoons minced fresh basil
- 2 teaspoons reduced-sodium soy sauce
- 1-1/2 teaspoons lime juice
- 1-1/2 teaspoons water
- 1 teaspoon minced fresh oregano
- 3 cups torn mixed salad greens
- 1/2 cup grape tomatoes
- 1/2 small red onion, sliced and separated into rings
- 1/2 small sweet yellow pepper, cut into strips

Directions

1. In a large skillet, cook garlic and ginger in oil over medium heat for 30 seconds. Add pork; cook and stir until meat is no longer pink. Remove and keep warm.
2. In the same skillet, combine the brown sugar, basil, soy sauce, lime juice, water and oregano. Bring to a boil. Remove from the heat.
3. In a salad bowl, combine the greens, tomatoes, onion, yellow pepper and pork. Drizzle with warm dressing and toss to coat; serve immediately.

Footnote: Recommended as a picnic dish