



COOGEE BEACH PROBUS CLUB

June 2025 Newsletter

A message from your Management Committee:

The word is out and we're definitely the new Club in Town!! After only our second meeting we have 32 financial members and Mary is fielding lots of telephone and email enquiries about membership!! Plus a few visitors from our last meeting are going through the process of joining.

We're still open for new members and encourage you to invite guests to our monthly meetings or to our outings and activities. Guests can join us on three occasions to see what we're all about before signing up as a member.

Our meetings and discussions have highlighted a diverse range of hobbies and activities but also that we have plenty of shared interests which means we have an opportunity to establish a whole range of groups from book clubs to golf days and everything in between. We thank you all for your enthusiasm in developing new ideas for our Club and feel free to email us with any further suggestions – we'd love to hear them!! secretarycbprobus@gmail.com

We also encourage you to sign-up for Probus' free e-newsletter – Active Retirees. It's a fantastic read for those that are already retired and those transitioning to retirement or semi-retirement. <https://probussouthpacific.org/forms/display/newsletter-signup>

We're looking forward to seeing you all at the meeting on June 10th 2025 – or sooner for lunch, out walking or on our next outings to the Australian Museum and Cockatoo Island.

Club Business

The Standing Resolutions were adopted by members during the May meeting. Please contact Mary if you require a copy of the Standing Resolutions.

Our Club is now incorporated and the annual return has been submitted. Plus, the bank account has been established. A lot of behind the scenes work goes into getting these very important things in place and many thanks to Mary and Dorothy for getting everything done so quickly!! Dorothy is also exploring electronic methods of payment which will make life a lot easier.

We are currently loading information onto our Club website and in time, you will be able to find all sorts of useful information about the Club, including copies of the newsletters.

<https://www.probussouthpacific.org/microsites/coogeebeach>

We're also establishing a WhatsApp group so that we can communicate quickly with each other, particularly useful for last minute changes to planned events or where the weather conspires against us. Plus we are structuring social media pages which we can use for promotional purposes.

We also have a new home!! From July onwards we will be meeting slightly earlier at **11.00am on Level 2 of the Coogee Legion Ex-Services Club at 200 Arden Street, Coogee**. We have secured a lovely space in the Club and we thank the Directors and Management of the Legion for their generosity and support!!

Management Committee

Helen Coggan
President

M: 0400 399 533

Tony Carr
Vice President
M: 0400 194 233

Mary Crumblin
Secretary
M: 0418 603 766

E: secretarycbprobus@gmail.com

Dorothy Evanoff
Treasurer
M: 0414 991 532

Dolores Brooker
Outings and Activities Officer
0488 397 716

Pam Harvey
Activities Officer
0419 333 530

Rosemary Skinner
Assistant Secretary and
Welfare Officer
0412 608 852

Sharon James
Newsletter Officer
0435 115 039

Helen Bofill
Guest Speaker Officer
0412 693 047

Catherine Doolan
Membership Officer
0409 516 800

Sue Sternberg
General Committee
0408 285 473

Publicity Officer
Vacant

Quote of the Day

**"There is a fountain of youth: it is
your mind, your talents, the
creativity you bring to your life
and the lives of people you love.
When you learn to tap this source,
you will truly have defeated age"**
(Sophia Loren)

Hot off the press!!

Our first outing to Government House on May 9th was a great success.

Despite the dreary weather, Dolores, Pam, Lisa, Linda and Helen toured Government House with our very informative guide, Allan. Did you know that every NSW Governor designs their own coat of arms following their tenure and this is displayed in the grand entrance hall?



After checking out many of the ground floor rooms, including the dining room (which can seat up to 36 diners at a beautiful cedar table), (with) drawing room and ballroom, we wandered through the Botanic Gardens and had a lovely chat and light lunch.

We have some fantastic activities in the pipeline and hope that you can join us for future outings.

Guest Speakers

Huge thanks to Helen Bofill who has developed an interesting programme of people and groups to attend our meetings.

Our guest speaker in May was Fiona from Australian Wildlife Conservancy, a non-profit organisation and a Global leader in conservation. What a wonderful job these people do to protect our native wildlife!! Who would have known that Australia's extinction rate for wildlife is one of the highest in the World? Or that we have many species on the brink of extinction where numbers are dangerously depleted. But there is a message of hope – nature wants to survive and wants to bounce back and AWC is working hard to ensure it does just that!!

Go to their website if you want to find out more or to see if you can be involved. <https://www.australianwildlife.org/>.

The guest speaker for our meeting on June 10th 2025 is Geoff, a recently retired Manager of the Aviation Rescue Firefighting Service.

New Groups and Shared Interests

Please contact us if you are interested in joining any of the following Groups;

- Book Club
- Movie, Theatre and Live Performance
- Photography/Art
- Extended walking groups

Note that these groups will be self-governing i.e. once established, they will be run and organised by the members of each group

Got something else in mind? Contact Pam on 0419 333 530 or E: secretarycbprobus@gmail.com

Thanks!!

A big thanks to Helen C and Lisa for our morning tea treats in the May meeting. Absolutely scrumptious ladies!!



Do you want to share your delicious delights and recipes with the Group at morning tea? Please let us know

Where to find us!

Join us on the second Tuesday of the month at 11.30am at Coogee Eastward Senior Citizen's Hall, 97 Brook Street, Coogee

Upcoming Meetings

10/06/2025 at 11:30am
08/07/2025 at 11:00am
12/08/2025 at 11:00am
09/09/2025 at 11:00am

There is a \$5.00 fee for each meeting and please consider bringing your own reusable cup for morning tea!!

We will also be enjoying lunch at Coogee Legion Ex-Services Club after each meeting (this is a self-funded lunch). It's a Registered Club so non-members will need photo-ID

Got something you want to share?

Just contact your **Newsletter Officer** if you have something you would like to be included in your newsletter!!

[Coogee Beach Probuss Calendar of Events]						
May 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13 Monthly Probuss meeting at 11.30am	14	15	16	17
18	19	20	21	22 Lunch at the Belvedere Hotel 1.00pm - City Bathurst and Kent	23	24
25	26 Australian Museum meet at 10.25am at Gadigal Shield	27	28	29	30 Cockatoo Island - Ferry 5 at 10.00am + Lunch at the Orient	31

[Coogee Beach Probuss Calendar of Events]						
June 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10 Monthly Probuss Meeting at 11.30am	11	12 Walk from CQ to Barangaroo - meet at 10.00am at Wharf 6	13	14
15	16	17	18	19 Lunch at the Shakespeare Hotel at 1.00pm	20	21
22	23	24	25	26	27	28
29	30 Garvan Institute - meet at 9.45am + coffee at Tropicana	1	2	3	4	5

[Coogee Beach Probuss Calendar of Events]						
July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7	8 Monthly meeting 11.00am Coogee Legion Club	9	10 Monthly walk - route to be advised	11	12
13	14	15	16	17	18 Monthly lunch - venue to be advised	19
20	21	22	23	24	25	26
27	28	29	30	31 Opera House - Meet on Lower Concourse at 10.15am	1	2

Upcoming and Recurring Club Activities

Please note that all lunches or coffee dates are self-funded

Monthly Lunch – contact Sharon 0435 115 039

Our next lunch will be on Thursday May 22nd 2025 at the Belvedere Hotel on the corner of Bathurst and Kent Streets, just a short 3 minute walk from the Town Hall Tram stop. Meet for lunch at 1.00pm. Pub food - a Greek and Mediterranean theme.

In June, we will be lunching at The Shakespeare Hotel on Devonshire Street, Surry Hills on 20th June 2025 at 1.00pm

Upcoming and Recurring Club Activities (cont'd)

Please note that all lunches or coffee dates are self-funded.

Walking Group

Note that we are replacing our fortnightly walks in Centennial Park with a monthly scenic walking adventure on the second Thursday of each month. We're looking to explore new areas so please let us know if you have a favourite walk, particularly if there is a nice coffee stop at the end!!

For our first walk, we invite you to join us on a truly lovely walk from Circular Quay to Barangaroo on Thursday June 12th 2025. Meet at 10.00am near Wharf 6 on Circular Quay to start our sojourn and we will also be enjoying coffee or lunch at Barangaroo. Contact Dolores on 0488 397 716

Day Trips

A big thanks to Dolores and Pam who have some great outings organised for us so let's get out there and start enjoying our wonderful City!!

Monday 26th May 2025 – complimentary self-guided visit to the Australian Museum. Meet at the Gadigal Shield near the Admissions Desk at 10.25am and we'll be having coffee or lunch at the Museum Café afterwards. Contact Dolores on 0488 397 716

Friday 30th May 2025 – a day out on the harbour to Cockatoo Island. This is not a guided tour but simply a chance to casually enjoy one of the fabulous islands in our beautiful harbour. Meet at Ferry Wharf 5 at 10.00am for the 10.07am ferry and then back to the Rocks for lunch at the Orient Hotel. Contact Pam on 0419 333 530

Monday 30th June 2025 – a complimentary guided tour of the Garvan Institute. Meet at 9.45am in the foyer for the 90-minute tour then perhaps stay on for coffee/lunch at the Tropicana Caffe? Contact Dolores on 0488 397 716

Thursday 31st July 2025 – join a tour of Sydney Opera House. Limited to 10 places at \$38.00 p/p. Meet at the Welcome Centre on the Lower Concourse at 10.15am for a 10.30am start. Payment is due at the July 8th 2025 meeting. We'll also be stopping off for lunch afterwards so watch this space for more details closer to the time. Note that bags will be cloaked in the cloakroom/bag drop at the Welcome Centre. Contact Dolores on 0488 397 716

Friday August 22nd 2025 – a guided tour of NSW Parliament at 11.00am. More details closer to the time

But if you can't make an event ...

Life happens!! But please remember to let us know if you have committed to an event but cannot attend. This is particularly important where we may have a waitlist for events with limited numbers allowed.

What else is on the horizon?

Again, we've been looking at common interests and are trying the line-up wine tasting, barefoot bowls, trivia and a Christmas function. Let us know what you want!! Contact Dolores or Pam or email us at secretarycbprobuss@gmail.com