



COOGEE BEACH PROBUS CLUB

September - October 2025 Newsletter

A message from your Management Committee:

Wow!! Just wow!! Well done and huge thanks to everybody for making our Club a success in such a short period of time. Our membership is steadily growing and we're all really enjoying being part of our Club with outings, lunches and lots of great things on the horizon!! The feedback on our September activities was fabulous and we have lots of things in the pipeline. We still have room for more members so please continue to spread the word and to invite guests to our monthly meetings or to our lunches, outings and activities. Guests can join us on three occasions before signing up as a member - and it's worth noting that new members will pay a pro-rata membership fee for the remaining membership period so there's a definite benefit if they want to sign-up.

During our September meeting, Jim Dubos – the President of Coogee Legion Ex-Services Club – took the opportunity to welcome us to the Club and the outline the future development plans which will commence in 2026. We again thank the Board and Management of the Club for the ongoing support they provide to us, including hosting our monthly meetings.

October is Probus Month!! Yes a celebration of all things Probus. October 1st is also the United Nations Day of Older Persons which recognises and celebrates the positive role that older people continue to play in shaping society. So let's get out there and celebrate us!!

In 2026, Probus in Australia will celebrate 50 years of fun and friendship. We'll have lots of activities to mark this milestone event and Probus' partners are also getting into celebratory mode so keep reading your emails from Probus to see what's on offer. This week, Gold Probus Partner – Trade Travel – announced a Probus birthday Australian wine and Tasmania cruise departing Sydney and taking in Melbourne, Adelaide and Kangaroo Island on the way to Tasmania. For more information, go to the Trade Travel website - <https://www.tradetravel.com.au/>

Did you know that Probus offers a lot more than just friendship and fun? Under the Member Benefits Scheme you can access discounts and special offers just by producing your Probus Membership Card. Take a look at where you can save
https://probussouthpacific.org/pages/members_offers_member_benefits_scheme

We also encourage you to sign-up for Probus' free e-newsletter – Active Retirees. It's a fantastic read for those that are already retired and those transitioning to retirement or semi-retirement. https://probussouthpacific.org/pages/about_active_retirees_digital_subscriptions

We're looking forward to seeing you all at the meeting on 14th October 2025 – or hopefully sooner for lunch, out walking or on our next outing to Bowral!! We also love hearing your ideas for our Club so email us with any further suggestions for shared interest groups, activities and outings - E: secretarycbprobud@gmail.com

Club Business

We're still holding onto a number of Membership Cards and name badges so come along to the next meeting and see Cate to claim yours!

Just a reminder that we are not accepting cash for pre-paid events. You can make a direct payment into our bank account on or before the due date or you can pay electronically at our meetings though this method of payment will incur a small transaction fee.

Go to the Club website for more information about us and we encourage you to take a look and give us feedback <https://www.probussouthpacific.org/microsites/coogeebeach>

Management Committee

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Quote of the Day

"Do not grow old, no matter how long you live. Never cease to stand like curious children before the great mystery into which we were born." (Albert Einstein)

Out and about with CBPC!!



What a fascinating place and a good day out at the NSW State Parliament. The history of the place is amazing and the interior was quite breathtaking ... and then a very enjoyable lunch.

We had our monthly lunch at the iconic Shakespeare Hotel in Surry Hills. So much history here plus the food and company were second to none. Jump on the tram and try it for yourself!!



Si Mangia a Tavola lunch at Doyles at the Beach. It was our last chance to enjoy the winter specials as we hurtle into spring. Another great day out – despite the weather – and I'm reliably informed that the fish and chips were exceptional!!

Like what you see? Why not come along and join us on our days out and our lunches. You'll have a ball!!

Morning Tea



Many thanks to all the bakers for another fab spread at morning tea. We really are spoilt when it comes to our morning teas and remember, morning tea calories definitely don't count!!

Do you have some treats you would like to share at our next morning tea?

Where to find us!

Join us on the second Tuesday of the month at 11.00a.m. on L2 at Coogee Legion Ex-Services Club, 200 Arden Street, Coogee

Upcoming Meetings

14/10/2025 at 11.00 a.m.

11/11/2025 at 11.00 a.m.

09/12/2025 at 11.00 a.m.

There is a \$5.00 fee for each meeting (cash accepted) and please consider bringing your own reusable cup for morning tea. We'll be enjoying lunch at Coogee Legion Ex-Services Club for those that want to hang around after the meeting (optional and self-funded). Coogee Legion is a Registered Club so non-members will need Photo ID to sign-in on the day ...or why not explore the benefits of being a member? <https://www.coogeelegionclub.com.au/the-club/>.

Interest Groups

Everybody is invited to participate in our groups so just come along if you see something you think you would enjoy!!

Book Club

Meet at 12.00 p.m. on Tuesday, 30th September 2025 at the Royal Hotel in Randwick. We are currently reading "The War Pianist" by Mandy Robotham so grab a copy and join us to discuss over drinks and nibbles – or just come along and tell us what you're reading.

Walking Group

Regrettably, the August walk was cancelled due to inclement (truly awful) weather but we will be re-scheduling this lovely walk so keep an eye open for messages on the WhatsApp Group chat

Entertainment Club

All things entertainment – movies, live shows, concerts. Sue has something in mind for a movie session in the next couple of weeks so watch this space or the WhatsApp chat for more information

Art Club – do you like wandering around galleries or finding a nice spot to sketch or do you just want to capture that special moment on film? Let's get together and plan some days out!!

Golf Club – a bucket of balls at the driving range or an actual round of golf? Contact Tony Carr if you're interested in a round of golf at Randwick Golf Club – and the food is great too apparently so the "19th Hole" could be a great way to finish off the round!

"Si Mangia a Tavola" Recipe and Food Club - sharing food experiences and our favourite recipes. Tell us if you have a favourite eating spot that you think we'd enjoy!

Trivia - either join an existing competition or there's potential to host our own night (monthly or quarterly). Format will be driven by numbers so sign-up to register your interest but it would be good to get at least one night in before Christmas.

Outdoor Pursuits – Moore Park Precinct has offered us group packages to use their sport facilities e.g. golf drive, tennis, corn-hole and more. Cost would be \$20 per person for use of facilities but we need 12-20 people to take advantage of the offer so let us know if you want to take part and we can try to set something up

Got something else in mind? E- secretarycbprobust@gmail.com or contact us via our WhatsApp group

Guest Speakers

Our guest speaker in September was Peter Swan from Bendigo & Adelaide Bank who gave us some tips about how to spot a scam and ultimately avoid being ripped off!! This was a very timely talk given recent reports of the increasing frequency of phishing and scamming attempts.

Planning a holiday? Our speaker in October will be Abbey from On Course Tours and Travel, a Probus Bronze Partner. <https://oncoursetours.com.au/>

Do you have a story to share with us as a guest speaker? Contact Helen Bofill and have a chat!!

Just look what we've got planned – so come along and join in the fun!!

Date	Event Details (see activity registration sheet for more information)
19/09/2025	Monthly lunch at the Shelbourne Hotel on the corner of Market and Sussex Street. Tram to QVB then a short walk along Market Street for lunch at 1.00 p.m.
30/09/2025	Book Club Meeting at 12.00 p.m. at the Royal Hotel in Randwick. We are currently reading "The War Pianist" by Mandy Robotham so come along to discuss over nibbles and drinks
2/10/2025	Join our friends from Maroubra Probus for a day trip and BBQ Cruise Lunch at Lake Macquarie. Cost of \$115.00 p/p includes transport, morning tea and the BBQ Cruise lunch on the lake
24/10/2025	Monthly lunch at the Trinity Bar on the corner of Devonshire and Crown Streets in Surry Hills. Eating at 1.00 p.m.
4/11/2025	Melbourne Cup Lunch and drinks at a venue to be determined
14/11/2025	Lindesay House Christmas Fair at Carthona Avenue in Darling Point. Free shuttlebus from Edgecliff Station. \$5.00 entry fee then shop til you drop before we meet up for lunch
21/11/2025	Monthly lunch at a venue to be determined
27/11/2025	Christmas "Jingle and Mingle" on the Club Balcony (L1) of the Coogee Legion Club from 4.00 p.m. to 7.00 p.m. Finger food and nibbles (payable upfront) and buy your own drinks
5/12/2025	Christmas lunch at a venue to be determined

Can't make an event?

Life happens!! What if you can't make an event?

Please let us know if you have committed to an event but cannot attend. Either contact the organiser or message on or WhatsApp group

Keeping in touch

We have a number of ways you can contact us to find out more about our Club or to share your ideas for events and activities

- You can contact the Management Committee Members via the mobile numbers in this Newsletter
- Via email to secretarycbprobus@gmail.com
- Via our WhatsApp Group chat
- Check out our Facebook Page for Coogee Beach Probus Club
- Or visit our website
<https://www.probusouthpacific.org/microsites/coogeebeach>

Keep in touch!!

Got something you want to share?

Contact your **Newsletter Officer** if you have something you would like to be included in your newsletter!!

Upcoming and Recurring Club Activities

Please note that all lunches or coffee dates are self-funded.

Remember to register your interest in attending lunches and outings as this enables us to contact you if plans change.

Monthly Lunch - contact Sharon 0435 115 039

Our next lunch will be at The Shelbourne Hotel (corner of Market and Sussex Street) on Friday 19th September 2025 at 1.00 p.m. Tram to QVB then a short walk along Market Street to the pub

Our October lunch will be at 1.00 p.m. on 24th October 2025 at the Trinity Bar on the corner of Devonshire and Crown Streets in Surry Hills.

Lake Macquarie with BBQ Cruise Lunch – 2nd October 2025

Our friends at Maroubra Probus have invited us to join them on an outing to Lake Macquarie. Bus pickup at 7.00 a.m. outside "Juniors at Maroubra" and making our way to Lake Macquarie via a morning tea stop in beautiful Brooklyn. Enjoy a fantastic 2½ hour BBQ Cruise on Lake Macquarie before heading back to the pickup point by 5.30 p.m. Cost is \$115 p/p so sign-up as soon as possible to secure a spot with money payable by late September

Melbourne Cup – 4th November 2025 at a venue to be determined. Dust off the fascinators and racing binoculars if you are interested in gathering to watch the "race that stops the nation". Venue and format will be driven by numbers so sign-up to register your interest

Christmas Festivities

Friday 14th November, 2025 – the Lindesay House Christmas Gift Fair at Carthona Avenue, Darling Point. There's a free shuttle bus from Edgecliff Station and a small \$5 entry fee but you will be the best Santa ever with some wonderful unique Christmas gifts.
<https://www.nationaltrust.org.au/event/lindesay-christmas-gift-fair-2025/>

Thursday 27th November, 2025 – The "CBPC Jingle and Mingle" drinks and nibbles on the Club Balcony of Coogee Legion Club (level 1) from 4 to 7 p.m. We will be arranging a veritable feast of nibbles and finger food at a p/p cost (payable upfront) and you buy your own drinks. Sign up by 31st October 2025 if you want to attend and if you want to bring a partner or friend

Friday 5th December, 2025 – Our Christmas lunch at a venue to be determined.

On the Horizon

Is your brain full of interesting tidbits of knowledge? Are you constantly astounding family and friends with odd facts? If yes, then perhaps trivia is your thing? Let us know because we have great ideas for a trivia night and would love to get this started.

The Management of Moore Park Precinct has offered us Group packages whereby we pay \$20.00 each for a morning or afternoon to use the sports facilities in Moore Park e.g. the golf driving range, tennis, corn hole, etc. We need 12-20 people so let us know if you are interested in taking up this fabulous offer!!

Do you have ideas for some fun events?

E - secretarycbprobus@gmail.com or contact us via WhatsApp