



COOGEE BEACH PROBUS CLUB

October – November 2025 Newsletter

A message from your Management Committee:

Welcome to Probus Month!! Yes, October is a celebration of all things Probus so come and join in our events, activities and lunches to celebrate simply being us!!

We've had a very busy month!! We enjoyed lunch at the Shelbourne, a day at the movies, an impressive prize-winning performance in our first trivia night and to top it all off, our very first full day bus trip to Bowral which was rip-roaring success. The feedback on our September activities was super-positive and we're excited to start exploring more options for activities and events – and we have lots of things in the pipeline. Our numbers are growing but we still have room for more members so please continue to spread the word and to invite guests to our monthly meetings or to our lunches, outings and activities. Guests can join us on three occasions before signing up as a member - and it's worth noting that new members will pay a pro-rata membership fee of \$60.00 for the remaining membership period so there's a definite benefit if they want to sign-up.

Did you know that Probus offers a lot more than just friendship and fun? Under the Member Benefits Scheme you can access discounts and special offers just by producing your Probus Membership Card. So remember to collect your card from Cate and start saving!!

https://probussouthpacific.org/pages/members_offers_member_benefits_scheme

We also encourage you to sign-up for Probus' free e-newsletter – Active Retirees. It's a fantastic read for those that are already retired and those transitioning to retirement or semi-retirement. https://probussouthpacific.org/pages/about_active_retirees_digital_subscriptions

We're looking forward to seeing you all at the meeting on 14th October 2025. We also love hearing your ideas for our Club so email us with any suggestions for shared interest groups, activities and outings. It will soon be 2026 so let us know what you want to do next year - E: secretarycbprobus@gmail.com

Club Business

We're still holding onto a number of Membership Cards and name badges so come along to the next meeting and see Cate to claim yours!

Just a reminder that we are not accepting cash for pre-paid events. You can make a direct payment into our bank account on or before the due date or you can pay electronically at our meetings though this method of payment will incur a small transaction fee.

Go to the Club website for more information about us and we encourage you to take a look and give us feedback <https://www.probussouthpacific.org/microsites/coogeebeach>

Where to find us!

Join us on the second Tuesday of the month at 11.00a.m. - L2 at Coogee Legion Ex-Services Club, 200 Arden Street, Coogee

Upcoming Meetings

14/10/2025 at 11.00 a.m.

11/11/2025 at 11.00 a.m.

09/12/2025 at 11.00 a.m.

There is a \$5.00 fee for each meeting (cash accepted) and please consider bringing your own reusable cup for morning tea. We'll be enjoying a self-funded lunch at Coogee Legion Ex-Services after the meeting (optional and self-funded) - it's a Registered Club so non-members will need Photo ID to sign-in on the day ... or why not make it easier and explore the benefits of becoming a member? <https://www.coogeelegionclub.com.au/>

Management Committee

Helen Coggan
President

M: 0400 399 533

Tony Carr
Vice President
M: 0400 194 233

Mary Crumblin
Secretary
M: 0418 603 766
E: secretarycbprobus@gmail.com

Dorothy Evanoff
Treasurer
M: 0414 991 532

Dolores Brooker
Outings and Activities Officer
0488 397 716

Rosemary Skinner
Assistant Secretary and
Welfare Officer
0412 608 852

Sharon James
Newsletter Officer
0435 115 039

Helen Bofill
Guest Speaker Officer
0412 693 047

Cate Doolan
Membership Officer
0409 516 800

Sue Sternberg
General Committee
0408 285 473

Publicity Officer
Vacant

Quote of the Day

**"Love the life you live.
Live the life you love."**

(Bob Marley)

Out and about with CBPC!!

We took Bowral by storm and a huge thanks to Dolores for putting our first full-day outing together. Members and guests - including some Probians from Bondi Beach - had a fantastic time!! An early start to the day saw the gang meeting up on a glorious spring morning to start the journey with our driver, Silvio. Short refreshment stop for morning tea at the Mittagong RSL and then off again to Bowral with its beautiful tulip displays and boutique market stalls. The tulips were really out in bloom and the colours were just breathtaking. Lunch and drinks at the Scottish Arms Bistro and then heading home. Sounds like a wonderful day out – as we can clearly see from these fab photos.



Lunch at the Shelbourne Hotel was great – food was lovely and the company was even better!! We stopped off at the Rook Cocktail Bar on the way back to the tram to finish off the afternoon.

Sue and a small group attended a screening of The Roses (at the Ritz) on 16th September followed by refreshments at the Bat Country. No photos but great reviews of the movie ... and also the refreshments <https://www.batcountry.com.au/>



Sue also joined our buddies from Maroubra Probus on their BBQ Lunch Cruise to Lake Macquarie. Very early start to the day but fab company and food – what an adventure!!

Like what you see? Why not join us on our days out and our lunches. You'll have a ball!!

Guest Speakers

Our guest speaker in October will be Abbey from On Course Tours and Travel, a Probus Bronze Partner.

<https://oncoursetours.com.au/>

We all have a story to tell – do you want to share yours as a guest speaker? Or do you know somebody that would like to be our guest speaker? Contact Helen Bofill and have a chat!!

Interest Groups

Everybody is invited to participate in our groups so just come along if you see something you think you would enjoy!!

Book Club

Meet at 12.00 p.m. on Tuesday, 28th October 2025 at the Royal Hotel in Randwick. Come and join us to discuss what you're reading over drinks and nibbles

Trivia – challenge your inner genius every Wednesday at Club Bondi Junction, 34 Bronte Road. Quiz kicks off at 7.00 p.m. but also keep an eye on WhatsApp as the venue can change. Go Team Coogee Beach Probus!!

Walking Group

Looking for somebody to co-ordinate the walking group – mainly to just to take the lead in contacting people to finalise walking plans or advise of any changes. Keep an eye open for messages on the WhatsApp Group chat

Entertainment Club

All things entertainment – movies, live shows, concerts. Watch this space or the WhatsApp chat for more information.

Golf Club - Contact Tony Carr if you're interested in a round of golf at Randwick Golf Club – and the food is great too so the "19th Hole" could be a great way to finish off the round!

Art Club – do you like wandering around galleries or finding a nice spot to sketch or do you just want to capture that special moment on film? Let's get together and plan some days out!!

"Si Mangia a Tavola" Recipe and Food Club - sharing food experiences and our favourite recipes. Tell us if you have a favourite eating spot that you think we'd enjoy!

Outdoor Pursuits – Moore Park Precinct has offered us group packages to use their sport facilities e.g. golf drive, tennis, corn-hole and more. Cost would be \$20 per person for use of facilities but we need 12-20 people to take advantage of the offer

Got something else in mind? E- secretarycbprobus@gmail.com or contact us via our WhatsApp group

Jindabyne here we come!!

Fancy a few days away with some great company? Dolores is exploring the possibility of a 6-day and 5-night outing to the Snowy Mountains on 8th-13th February 2026 with "Life of Riley Tours". <https://lifeofriley.com.au/tours-packages/>

Stay at the Lake Jindabyne Hotel with daily guided coach tours to places of interest such as Thredbo, Perisher, local museums, distilleries and other tourist attractions. **Cost is \$1,200 and includes;**

- Coach travel to and from Jindabyne
- All daily adventures, including entry fees to local attractions
- Accommodation (no single supplement)
- All meals (except those consumed whilst on route to Jindabyne)

Speak to Dolores for more information and to register your interest

Look what we've got planned - so why not join in the fun?

Recurring Events

Date	Event Details
Each Wednesday	Trivia night - Club Bondi Junction for a 7.00 p.m start but keep an eye on WhatsApp as venue could change

Save the Date!!

Date	Event Details (see activity registration sheet for more information)
17/10/2025	Visit to Cockatoo Island. Meet at Ferry Wharf 5, Circular Quay at 10.00 a.m.
24/10/2025	Monthly lunch at the Trinity Bar on the corner of Devonshire and Crown Streets in Surry Hills. Meet from 12.30 p.m for lunch at 1.00 p.m. Tran to Surry Hills tram stop and a short walk to Crown Street
4/11/2025	Melbourne Cup Lunch on Level 2 of Coogee Legion Ex-Services Club. Buy own food and drinks
14/11/2025	Lindesay House Christmas Fair at Carthona Avenue in Darling Point. Meet at 10.30 a.m. at Edgecliff Station for next available shuttle bus (free). \$5.00 entry fee then "shop til you drop" before we meet up for lunch
21/11/2025	Monthly lunch at The Avenue (Randwick Bowling Club). Meet at 12.30 p.m for lunch at 1.00 p.m.
27/11/2025	Christmas "Jingle and Mingle" on the Club Balcony (L1) of the Coogee Legion Club from 4.00 p.m. to 7.00 p.m. Finger food and nibbles (payable upfront) and buy your own drinks
5/12/2025	Christmas lunch at a venue to be determined

Keeping in touch

We have lots of ways in which you can keep in touch and find out more about our Club and activities

- Contact the Management Committee Members via the mobile numbers in this Newsletter
- Via email to secretarycbprobus@gmail.com
- Via our WhatsApp Group chat
- Via the Suggestions box at the monthly meetings
- Check out our Facebook Page for Coogee Beach Probuss Club
- Or visit our website
<https://www.probussouthpacific.org/microsites/coogeebeach>

It's nearly 2026. Let us know what you'd like to do next year!!

Can't make an event?

Life happens!! What if you can't make an event?

Please let us know if you have committed to an event but cannot attend. Either contact the organiser or message on or WhatsApp group. Similarly, we will contact you if things change or if we need to cancel an activity.

Got something you want to share?

Contact your **Newsletter Officer** if you have something you would like to be included in your newsletter!!

Upcoming Events

Please note that all lunches or coffee dates are self-funded.

Remember to register your interest in attending lunches and outings as this enables us to contact you if plans change.

Monthly Lunch - contact Sharon 0435 115 039

Our next lunch will be at 1.00 p.m. on 24th October 2025 at the Trinity Bar on the corner of Devonshire and Crown Streets in Surry Hills. Take the tram to the Surry Hills stop and then a short walk to Crown Street

The lunch on 21st November will be at 1.00 p.m. at The Avenue (Randwick Bowling Club). Great selection of food and a Friday lunch special deal for members of the Randwick Group of Clubs.

Cockatoo Island – Friday 17th October 2025. Meet at 10.00 a.m. at Ferry Wharf 5, Circular Quay. Join us to discover the history of Cockatoo Island on a self-guided walk. Optional coffee or lunch

Melbourne Cup – 4th November 2025 on Level 2, Coogee Legion Ex-Services Club from 12.30 p.m. Buy your own food and drinks and simply revel in the atmosphere to watch the "race that stops the nation"

Christmas Festivities

Friday 14th November, 2025 – the Lindesay House Christmas Gift Fair at Carthona Avenue, Darling Point. Meet at Edgecliff Station at 10.30 a.m. to get the next available free shuttle bus. There's a \$5 entry fee but you can "shop 'til you drop" and pick up some wonderful unique Christmas gifts.

<https://www.nationaltrust.org.au/event/lindesay-christmas-gift-fair-2025/>

Thursday 27th November, 2025 – Dig out those ugly Christmas shirts and jumpers for the "CBPC Jingle and Mingle" drinks and nibbles on the Club Balcony of Coogee Legion Club (level 1) from 4 to 7 p.m. We will be arranging a veritable feast of nibbles and finger food at **approx.** \$30-\$40 p/p and you buy your own drinks. Actual cost will depend on numbers so sign up by 20th October 2025 if you want to attend and let us know if you will bring partner or friend. We'll then advise actual cost which will be payable in the November meeting

Friday 5th December, 2025 – Our Christmas lunch at a venue to be determined.

On the Horizon – Dates to be Confirmed

- Social croquet and/or bowling
- Guided and self-guided walking tours of historical parts of Sydney – an opportunity to get the steps up whilst discovering more about our lovely city
- Visit to the Boom Gate Gallery at Long Bay Correctional Facility plus other galleries and exhibitions

Do you have ideas for some fun events?

We'd love to hear what you want to do in 2026!! Either pop something into the suggestion box at the next meeting or email secretarycbprobus@gmail.com or contact us via WhatsApp