

NEWSLETTER - AVONDALE HEIGHTS PROBUS INC



FUN, FRIENDSHIP AND FELLOWSHIP



July 2025 Issue 94

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the
President's
message

Dear Members,

What great speakers last month! See my photo with my new friends OX and SWEET TOOTH! They are part of the worldwide *Bikers Against Child Abuse*. This group work hard voluntarily to empower children to fight against abuse and feel safe. Our club made a donation (as did some members) to continue their good work.

Details of our next bus trip are in the newsletter. Sign up – a day out with a tour and bus fare for only \$15. Grants from the council and the Community Bank enable us to offer such great days out.

Looking forward to our annual *Xmas in July* lunch. Recent weather suggests it might snow that day!! It would be great to see some new faces at our cards or morning tea days. Have a cuppa with us rather than sitting at home by yourself. We always have a few laughs.

Members are off travelling to warmer climates throughout our cold Melbourne winter – keep safe. To members who are unwell we are thinking of you.

See you at our next meeting,

Sue

July Meeting: Wednesday 16th @ 9.15 am for a 9.30 start.

Nancy Kirchner Neighbourhood Centre, Doyle St, Avondale Heights.

Guest Speaker – Sally Camilleri, Carers Victoria

AUGUST MEMBER BONUS MONTH

At the meeting all member's names will be placed in a hat. Two member's names will be drawn out. They will each get a \$25 gift card! You must be present at the meeting to receive the card. FREE for all who attend.

Note the monthly raffle will continue in addition to this.

August Meeting: Wednesday 20th @ 9.15 am for a 9.30 start.

Nancy Kirchner Neighbourhood Centre, Doyle St, Avondale Heights.

Guest Speaker – Garry Foulds – VFL/AFL Football

Carmen Mauceri & Barb Madden are on the reception desk.

Noreen & Kellie Butler will collect money for the Raffle & Morning tea.

MEETING DATES FOR 2025

Wednesday 16th July

Wednesday 20th August- (**Members Bonus Meeting**)

Wednesday 17th September

Wednesday 15th October

Wednesday 19th November - (**Members Bonus Meeting**) Wednesday 10th December

HELPER'S ROSTER – Kitchen Coordinator – Pat Kemp

If you are unable to take your turn on your rostered month, please let Sue know.

Date 2025	MORNING TEA	Emergency
July	Jan Mitchell Bronwen Shone Margaret Harboud	Jenn Drysdale
August	Suzanne Mitchell Romana Pamio Denise Edwards	Yana Fialka
September	Lynne Pennuto Jennifer Pettigrove	Elly Kaldenbach

Change of Contact Details

It is most important if any of your Contact Details change that you advise ASAP the Membership Officer, Vee Mansour via email veronicamansour@hotmail.com or phone 0400 886 758. This includes your email address, phone number, home address, emergency contact details. In particular your email address, as you will not receive Minutes, Newsletters or any other notifications.

Guest Speakers – Ox & Sweet Tooth with President Sue & Gerard Mahoney





MONTHLY LUNCHEON

This event will be held on the 2nd Thursday of each month.

Lunch: Thursday 14th August – Cross Keys Hotel

Next Lunch: 11th September – Keilor East RSL

TEA and COFFEE MORNING - DO DROP IN (Xmas in July is 23rd July)



COMBINED WITH CRAFT GROUP

10am to 12:30 Wed 27th August 2025

Burley Griffin Community Centre, Park Drive, East Keilor.

This is a free regular event on the 4th Wednesday of each month.

Morning tea provided.

CUPS: all members are encouraged to bring their own rather than use a disposable one. The price of these, like everything else, has increased - plus it will be much better for the environment.

MONDAY MORNING WALK

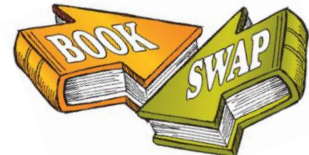


What a great way to keep fit!

Join in a 50-minute leisurely walk around the Maribyrnong River followed by Tea or Coffee at Poynton's Café every Monday Morning.

Mondays at 9:30am - Meet at Poynton's carpark.

BOOK & JIGSAW LOAN & SWAP



Have you got some reading material you no longer require? Bring them along to our club meetings to share with other members and take some books home for your reading pleasure.

CARDS AND BOARD GAMES



Friday 1 August & Friday 5 September
Burley Griffin Community Centre
Park Drive, East Keilor
1.00pm to 4.00pm

Bring along your cards or games to share & have fun together.

This is a great social event which generally attracts 20 to 25 members.

A great way to meet new friends. Come along and join us.

Tea and coffee will be provided. Please bring a small plate to share for afternoon tea.

Activities 2025

JULY: XMAS IN JULY WEDNESDAY 23rd JULY

AT BURLEY GRIFFIN Community Centre, PARK DRIVE, KEILOR EAST

Noon to 3pm BYO Drinks & glasses

Cost \$25 for Spit Roast, Sweets, Tea & Coffee

(The club will subsidise this activity)

PAYMENT OVERDUE



BUS TRIP to FYANSFORD PAPER MILL, GEELONG

WEDNESDAY 29 OCTOBER

COST: \$15 per member (includes Bus & Tour) – Lunch at own cost

For direct bank transfer: Community Bank Keilor East

BSB number: 633-000

Account Number: 157679259

PLEASE ADD YOUR NAME WHEN MAKING A PAYMENT

The club is heavily subsidizing this trip!

Bus departs Nancy Kirchner Centre, Doyle St, Avondale Heights at 9.15 am and travel to Fyansford Historic Paper Mill where we will enjoy a guided Heritage tour of the paper mill.

The paper mill was built in 1870 and has a fascinating history.

Following the tour and checking out the paper mill museum we will venture on to the nearby Fyansford Historic Hotel for an enjoyable lunch. Senior meals available at very reasonable prices (at members own cost).

After lunch we will board the bus for our trip home, arriving back at Nancy Kirchner approximately 4 pm.


Activity sheet will be available at the July meeting for you to add your name.



JULY 2025 CALENDAR OF ACTIVITIES

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2 Committee 10:00am 	3	4 Cards & Board Games 1pm 	5	6
7 Walk & Coffee 9.30am 	8	9	10 Monthly Lunch: 12 Noon Green Gully Soccer Club	11	12	13
14 Walk & Coffee 9.30am 	15	16 Club Meeting 9:30am 	17	18	19	20
21 Walk & Coffee 9.30am 	22	23 Xmas in July 	24	25	26	27
28 Walk & Coffee 9.30am 	29	30	31			

AUGUST 2025 CALENDAR OF ACTIVITIES

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Cards & Board Games 1pm 	2	3
4 Walk & Coffee 9.30am 	5	6 Committee 10:00am 	7	8	9	10
11 Walk & Coffee 9.30am 	12	13	14 Monthly Lunch: 12 Noon Cross Keys Hotel	15	16	17
18 Walk & Coffee 9.30am 	19	20 Member Bonus Club Meeting 9:30am 	21	22	23	24
25 Walk & Coffee 9.30am 	26	27 DO DROP IN And CRAFT GROUP 10:00am 	28	29	30	31

SEPTEMBER 2025 CALENDAR OF ACTIVITIES

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3 Committee 10:00am 	4	5 Cards & Board Games 1pm 	6	7
8 Walk & Coffee 9.30am 	9	10	11 Monthly Lunch: 12 Noon Keilor East RSL	12	13	14
15 Walk & Coffee 9.30am 	16	17 Club Meeting 9:30am 	18	19	20	21
22 Walk & Coffee 9.30am 	23	24 DO DROP IN And CRAFT GROUP 10:00am 	25	26	27	28
29 Walk & Coffee 9.30am 	30	31				

Private and Confidential.

This Newsletter is for Probus use only and is not to be used for any other purpose.

Our thanks to BEN CARROLL, Deputy Premier and State Member for Niddrie, for the printing of this newsletter.